

YOUR SCHOOL PICNIC MENU



A balanced selection of carbohydrates, protein, fresh fruits and vegetables.

MONDAY

Cheese roll, Veggie Goujon, fruit and veg stick and pudding of the day

TUESDAY

Tomato, lettuce, cucumber & mayo wrap, cheese square, fruit & veg stick and pudding of the day

WEDNESDAY

Ham sandwich, ½ sausage roll, fruit & veg stick and pudding of the day

THURSDAY

Tuna roll, veggie goujon, fruit & veg stick, pudding of the day

FRIDAY

Chicken mayo wrap, cheese straw, fruit & veg stick, pudding of the day



 /hc3seducation

