

Healthy School Newsletter

09/07/2018

Dear Parents,

This year seems to have flown by. We would like to say thank you to both the children and you, for your amazing support to sport at Droxford Junior School across this year. I would like to wish all of our Year 6 and other school leavers the best of luck in the future, keep making healthy choices.



School Games Mark

Exciting news! We have achieved a Gold School Games Mark! This is a great accolade for the school which is recognised by OFSTED. We have been awarded this for the opportunities and provision in PE, school sport, healthy choices and physical activity we provide.

Sports Day

The summer term is always an enjoyable one. One reason for this is because we have the opportunity to celebrate sport as a whole school through sports day. The day was a huge success and I would like to thank everyone for your involvement; the children, parents, school staff, FODS and our Swanmore sports leaders. We saw great skill, sportsmanship and enjoyment from all. Congratulations to all those who secured themselves a podium position during the races, Team Iceland who won our skill stations and Team Portugal who won the Governor's award for displaying great teamwork and sportsmanship throughout the morning.



Year 3 Camp

Year 3 braved the warm sticky weather in their tents on Thursday 28th July. The camp is a great experience for the children and for many is the first opportunity to experience sleeping outside. Well done Year 3 for seeing out the night in tents that you put up yourselves!

Healthy Snacks

To help keep up their energy during the warm days; we are very happy for children to bring a healthy snack to eat. We have noticed that some children are eating items intended for their lunch such as chocolate or crisps rather than a healthy snack, which has been specifically provided for breaktimes. Useful advice and great ideas for healthy snacks and lunches can be found on;

<https://www.bbcgoodfood.com/howto/guide/school-packed-lunch-inspiration>. But, don't forget the snack shop which the year 5/6 children take turns running, selling healthy snacks for less than 40p.



Summer Holiday Course

I am running an Xtra Active Holiday Course Tuesday 24th July to Friday 27th July. The course is a great fun way to keep children active over the holidays. There are still some spaces so please do email me.



Events & Fixtures

Another great term of Level 2 competitions. As per usual, everybody involved showed great levels of skill and sportsmanship whilst representing the school. Everyone is very proud of you!

Kwik Cricket 05/06/18 & 02/07/18	Girls Kwik Cricket 12/06/18
 <p>The boys qualified to play at the Ageas Bowl after winning the partnership event. Playing against the best team in Hampshire. They came 3rd out in a very competitive group, which included the overall winners!</p>	 <p>An amazing performance saw our girls team get all the way to the final of the partnership event, narrowly losing to a strong Berrywood by 2 runs!</p>
Rounders 03/07/18	Handball Festival 26/06/18
 <p>Our Rounders team showed great core values in our cluster event. Coming 3rd out of the whole tournament.</p>	 <p>Some selected year 3/4 children participated in the handball festival hosted at Wildern School. They took part in some skill sessions before playing some games against other schools.</p>

Team Points

Each child at Droxford is in one of our twelve teams. Throughout the term, they can earn their team points by displaying our core values during lunchtimes and PE. Congratulations to our top three teams this term.





Upcoming Fundraising Events

Keep your eyes and ears peeled in September as we have many exciting events in the pipeline. This includes a Marathon fundraiser! If you are a keen runner, who takes part in distance races we'd love to hear from you. We're going to apply for a charity place in a marathon and would love to offer parent the chance to run for the school. If you have any fundraising ideas or would like to be involved, please do not hesitate to contact the school. With the loss of funding from Sainsbury's School Vouchers, fundraising events have become even more important.

I would like to finish by again wishing our Year 6 and other school leavers the best of luck! I hope you all continue onto bigger and better things and keep up with all your sporting successes. It would be great to be able to include some of your future successes in later editions of this newsletter. For the rest of you, I look forward to seeing you in September. Please continue to make healthy choices during the break. Don't forget the 'Race across the galaxy!' adventure pack the children brought home, it offers lots of ideas for keeping active over the holidays.

If you would like to access a colour copy of this newsletter online it can be found on our Sports Blog page on our website; <http://droxfordjunior.co.uk/blogs/>.

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