

# WEEK 1

24th April, 15th May  
12th June, 3rd July  
24th July  
18th September  
9th October 2017

## Monday

Spaghetti bolognese handmade garlic bread finger  
OR  
Vegetable lattice Bisto gravy and potato wedges served with garden peas  
Locally sourced  
New Forest ice cream

## Tuesday

**Roast Tuesday**  
Pork roast, Bisto gravy and roasty potatoes served with broccoli, cauliflower and carrot medley  
OR  
Italian style tomato pasta and homemade garlic bread finger served with seasonal salad  
Zac's mixed cold puddings

## Wednesday

Thai beef curry  
Tilda brown and white rice and handmade Naan bread  
OR  
Zac's Pizzeria' Margherita pizza served with garden peas and sweetcorn  
'Chocolaty' brownie

## Thursday

**'Zac's Cheeky Chicken'**  
Chicken grill in a floured bag served with potato waffles and rainbow coleslaw  
OR  
Vegetable risotto served with fresh baton carrots and broccoli  
Zac's mixed cold puddings

## Friday

**'Fishy Friday'**  
Golden baked fish fingers or salmon and haddock slice scrummy Heinz tomato ketchup  
OR  
Vegetarian sausage puff served with chips and baked beans  
Yummy ginger and pear sponge

# WEEK 2

2nd May, 22nd May  
19th June, 10th July  
4th September  
25th September  
16th October 2017

## 'Meat free day'

Vegetarian sausages Bisto gravy and creamy mashed potatoes  
OR  
Southern Counties Macaroni Cheese handmade garlic bread finger served with green beans  
Locally sourced  
New Forest ice cream

## Roast Tuesday

Chicken roast  
OR  
NEW Vegetable goujons served with Bisto gravy, roasty potatoes, fresh green cabbage and baton carrots  
Zac's mixed cold puddings

Tuna and sweetcorn pasta bake  
handmade garlic bread finger  
OR  
Vegetarian tortilla stack and pepper jewelled rice served with broccoli  
Zesty lemon crunch biscuit

## 'Zac's Cheeky Chicken'

NEW BBQ chicken sausages and handmade flat bread  
OR  
Spanish omelette and rainbow coleslaw served with potato wedges and baked beans  
Zac's mixed cold puddings

## 'Fishy Friday'

NEW Battered fish with scrummy Heinz tomato ketchup and chips  
OR  
Southern Counties cheese and tomato homemade whirl served with baked beans or sweetcorn  
Marbled chocolate and vanilla shortbread

# WEEK 3

8th May  
5th June, 26th June  
17th July  
11th September  
2nd October 2017

## Great British Classic

Pork sausages creamy mashed potatoes served with baked beans  
OR  
Freshly made cheese and onion pasty  
creamy mashed potatoes served with broccoli  
Locally sourced  
New Forest ice cream

## Roast Tuesday

Beef roast  
OR  
Quorn burger served with Yorkshire pudding, Bisto gravy, roasty potatoes and broccoli, cauliflower and carrot medley  
Zac's mixed cold puddings

## NEW Bubble battered salmon

potato wedges served with green beans and sweetcorn  
OR  
Zac's Pizzeria' Margherita pizza served with rainbow coleslaw and sweetcorn  
Crunchy oatly cookie

## 'Zac's Cheeky Chicken'

Chicken tomato pasta  
OR  
Vegetarian toad in the hole with Bisto gravy and new potatoes served with fresh baton carrots and garden peas  
Zac's mixed cold puddings

## 'Fishy Friday'

Golden baked fish fingers and scrummy Heinz tomato ketchup and chips  
OR  
Tasty chilli bean wrap Tilda brown and white rice served with garden peas  
Berrylicious coconut sponge

# picnic

Tuna and lettuce sandwich  
Selection of vegetable sticks  
Fresh fruit  
Muffin

Cheese and mayonnaise sandwich  
Selection of vegetable sticks  
Fresh fruit  
Handmade cookie

Chicken, sweetcorn and mayonnaise sandwich  
Selection of vegetable sticks  
Fresh fruit  
Today's pudding

Ham and lettuce sandwich  
Selection of vegetable sticks  
Fresh fruit  
Handmade cookie

Vegetarian sausage and tomato sauce sandwich  
Selection of vegetable sticks  
Fresh fruit  
Sponge